DR. REDDY'S

ALZEST®

Rivastigmine Transdermal Patch

Instructions for use and patient diary

For patients and the care-givers for patients who have been prescribed Alzest® Rivastigmine Transdermal Patch

INSTRUCTIONS FOR USE

- ***To minimise the risk of unwanted side-effects it is important that you and/or the people who care for you know how to use this medicine correctly.***
- ***If you have any questions or require more information, please read the patient information leaflet with the medicine.***
- ***If you are not sure about anything, please ask your doctor or pharmacist.***

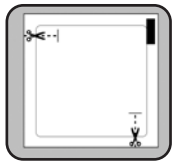
Important to remember

- Take off the old patch before putting **one** new patch on
- Only **one** patch should be worn at a time
- The patch should be replaced by a new one after 24 hours
- Do not cut the patch into pieces
- Press the patch firmly in place for at least 30 seconds using the palm of the hand
- Dispose of old patch by placing it in an empty sachet and then putting in the bin
- Do not expose the patch to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time.

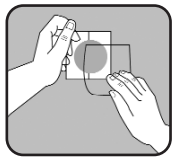
How to apply

1. Carefully **remove the existing patch before** putting on **one** new patch

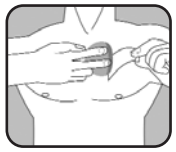
2. Take the new patch from the sachet. This sachet can now be used to safely dispose of the old patch



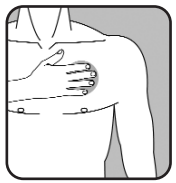
3. Peel one side of the protective liner off the patch



4. Stick the patch on the upper or lower back, upper arm or chest and peel off the other side of the protective liner

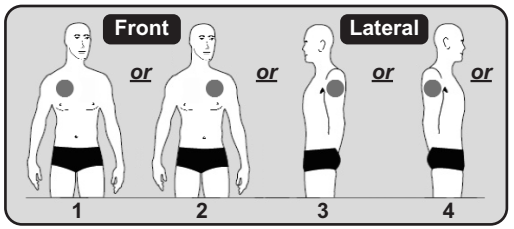


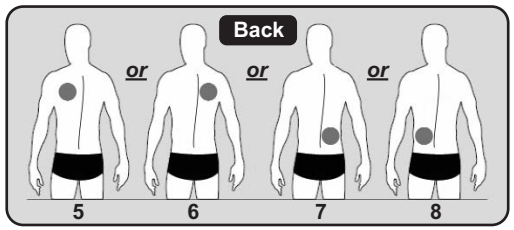
5. Press the patch firmly in place for at least 30 seconds



Where to apply

Apply **one** new patch in only **one** of the following areas every day





The patch should not be applied to skin that is red, irritated or cut

Do not apply a patch to the exact same spot on the skin within 14 days

Do not apply to the stomach or thigh

MEDICATION RECORD/ PATIENT DIARY

How to use this record sheet

- Use this record sheet to keep track of when you apply and take off an Alzest® Rivastigmine Transdermal Patch
- Tick the box when you have removed the old patch
- Fill in the date and day you apply the new patch
- Fill in the number of the application area where you have applied the new patch
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Application area

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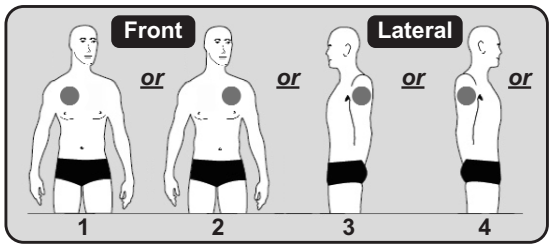

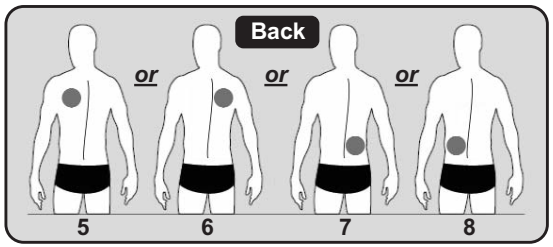

Old patch removed?	Date of application of **new patch**	Day of application of **new patch**	Application area of **new patch** (number)
example ✓	22nd September	Sunday	example 2

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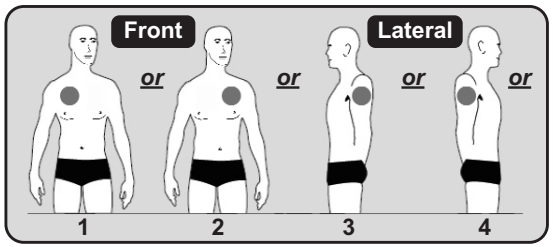

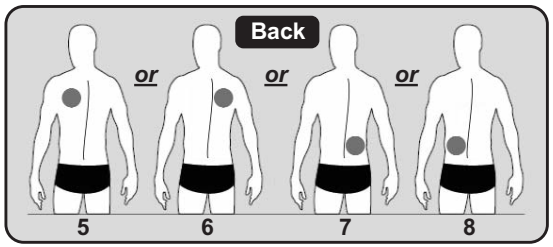

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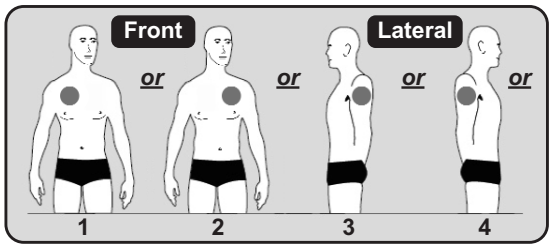

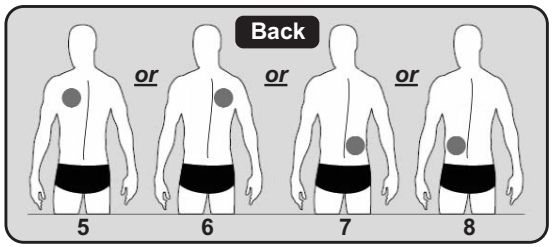

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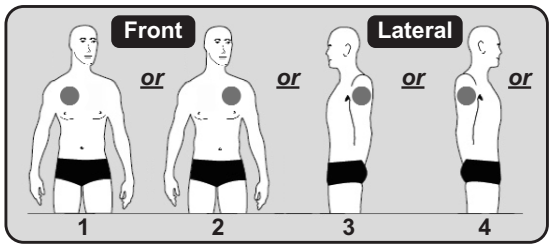

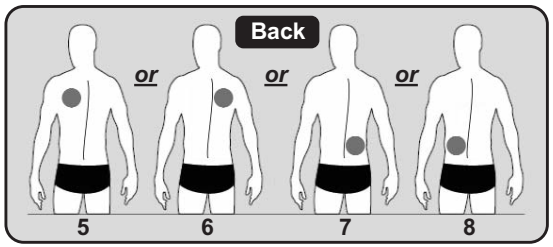

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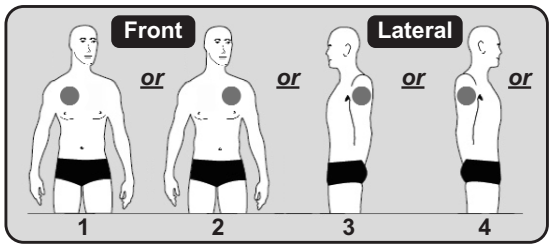

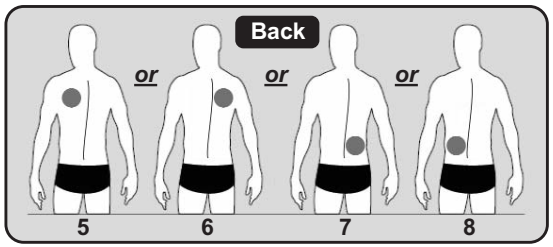

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WITH COMPLIMENTS

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DR. REDDY'S

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